

## **SIT, WALK, STAND**

Sheng-Tung Wu, June, 2002

This is raw, just the note-outlines about what God has spoken to me a month ago. And it is unfinished, for I'm still pondering upon it.

But it is timely, because Perry had called the whole church to rest. Resting is not working of course, however, resting in God is not going nowhere either.

So although I don't feel like preaching but I do like to throw them out for you to do your own meditation during this time of resting.

### **I. Introduction.**

1. It is Sequential,
  - SIT = know who you are → WALK = flow and do accordingly → STAND = take the stand on where you sit and how you walk.
2. There is a process of growing (on going process)
  - It goes on in different areas of your life.
  - You can only walk to the point where you sit, and stand on where you've walked.
  - There is a dynamic between the three: ex. Going to a mission trip (prayers for two sisters) – God is expanding their spiritual life. Whatever has seated, we need to act upon and flow out. An increase will happen while walking/ doing, and that will enlarge the Sitting. Whatever we have seated and walked, we need to take the stand to secure them so they would not be stolen by the enemy.
3. There is a measure to each step. (Rom. 12:3)
4. All together, they can be used for personal or corporate spiritual life assessment.

### **II. SIT – Word picture; points of meditation.**

@Positioning – Eph.1:20, 2:6; be set up; appoint; granted position...

- you are sons and daughters of the King, do you know that? If you do, ACT LIKE ONE...
- He has done it all so we can be positioned (Eph.2:6), SIT with Him in the Heavenly. [Authority levels in the spiritual realm; ruling captaincy, capacity of talent/ gifts...]

@Realization – of who we are. An understanding of things about your being, a true knowing in heart so it flows from inside out.

@Settlement – entering what you believe who you are. Dwelling, reside, re-present, ...

They all involve with REST IN. Lean back, Waiting on...

@Steadfast, entering, come into...

Before we can do anything, we need to BE.

Ex. Friends from the past, get lost, used to have the calling and burden.

My praying for my own back: God said to me 'I have given you the authority, Use it!'

@'Sitting' begins with our New Life in Christ

-- Because of what He has done on the Cross, our 'being' started actually exist.

--We need to rest in what He has done in order to become who He created us to be. – to rest, we need to unload completely the burden we try to bear 'in order to be' = 'we sit so we can become'.

So resting actually means to enter His creation, His design, His order.

@As sons of God, we sit and only sit with Him

- because it is Him that has done the works of Creation and Salvation.
- It is Him that has positioning us as who we are (Jn. 1:12), appoint us to be son of God, seated us on His right hand side.

Ask yourself questions: *What shapes you the most?* (people surround you? Church style? Your spouse? Your parents/ relatives? Some of God's anointed servants? Or, your understanding of the Word of God that come to you every day?)

*How do you discern if you go after favor (feelings) or after conviction (what you believe)?*

### III. **Walk** – word pictures; points of meditation

@To go → cause to walk, action, (acting out who we are.)

Ex. Matt., 28:19 Jesus received all the authorities from heaven and earth. 'therefore' He said, you go...

@To journey → pass through a place, an experience, 'take the cup' like Jesus said.

@Take steps → one step after another, tread upon,

@Advance, Make progress (as oppose to circle around, hanging there, going no where)

@Going, Marching, Doing

Points of meditation:

@ Walking = acting out who we are, / doing what we believe, / a manifestation of faith, / defines integrity and honesty, (a true walking meaning out side of God, there is no interference between Sitting and Walking) / deviation of Walking from Sitting is sin (Rom 14:22,23)

@ Walking without faith (Sitting) creates burden on the yolk.

@ Walking not according to Sitting = Building not on the foundations which will be burnt

away in the end. (1Cor. 3:12-15)

@Walking upon the Sitting shall produce fruit.

#### **IV. Stand**

@ to stand firm, to be certain

@ to believe in, to trust

@ to abide, inhabitant

@ base, pedestal

@ endure, remain, confirm

@ take stand = stand upright, be set (over), establish

@ to rise, arise

@stand against, line up face to face.

@ To take the stand has a sense of warfare, you draw the line, claim the right, declare what you believe, confirm / assure of what you've seated and walked... taking the stand against whatever opposing force is trying to take away.

@ Only when you know what you Sit, how you Walk, then you know where to stand.